



Summer Dance Program 2011

Come join Dance Track for some summer fun!

Ballet Class

Ballet Class is highly recommended for students to work on their form and technique for dance. Proper Dance clothes and shoes are required for this class.

Thursday's

June 16, 23, 30, July 7th

Ages 7-10 5:00-6:00pm / Ages 11-14 6:00-7:00pm

Cost \$40.00

MODERN/CONTEMPORARY CLASS

This form of dance uses a variety of techniques to enhance strength, control, and the versatility of the upper body. Choreography ranges from slow and controlled to sharp and quick.

Wednesday's

Ages 11-13 5:00-6:00pm / Ages 14 & up 6:00-7:00pm

June 15, 22, 29, July 6

Cost \$40.00

Yoga

Yoga can help dancers increase their flexibility, strength and stamina. It also teaches teens various ways to relax their bodies and minds in all sorts of stressful situations. During our yoga classes we will explore various yoga poses and we string them together into a Vinyasa flow Visualizations and quiet time. Students will leave feeling relaxed, centered and peaceful. Adults are welcome!

Wednesdays

July 27th, Aug. 3rd & 10th

Ages Teen thru Adult

8:00 - 9:00pm Cost \$30.00

PEE-WEE DANCE CAMP

The pre- School camp will include exercises in Ballet, Creative Movement, Tumbling and a craft each week. Dance camp is a Fun and relaxed atmosphere for your 3 - 5 year olds to enjoy dance in our air- conditioned studio. It is also a great way for new students to try a dance class.

Week - 1 Friday's July 1st, 8th, 15th

Week -2 Monday's August 1st, 8th, 15th

9:30am - 11:15 \$55.00

Ages 3 - 5 years

HIP HOP DANCE CAMP

Come experience an exciting Hip Hop Camp. Students will Stretch, Tumble, and enjoy relay games as well. A snack and a craft will be included each day. Our Hip Hop camp is set up in a fun and relaxed atmosphere for students to enjoy a new style of funky dance.

Ages 5 - 10 years

Week - 1 July 19th, 20th, 21st

Week - 2 August 9th, 10th, 11th

9:30am - 11:15am Cost \$55.00

"3-DAY DANCE CAMP"

Students will enjoy Jazz, Hip Hop, Stretch & Strengthen, Tumbling, Team work and enjoy a Craft each day. Craft & Snack each day is included.

Ages 6 - 10 years 9:15 - 12:15pm / Ages 11-13 years 9:30 - 12:30pm

July 26th, 27th, 28th

Cost is \$115.00 per student...there is a 5% discount for siblings or if taking another summer class

Dance Team Summer Dance Program 2011

MODERN/CONTEMPORARY CLASS

This form of dance uses a variety of techniques to enhance strength, control, and the versatility of the upper body. Choreography ranges from slow and controlled to sharp and quick.

6:00 – 7:00pm

June 15, 22, 29, July 6

Cost \$40.00

5% discount if taking another summer class

Ballet & Pointe Classes

Students must be approved for pre- Pointe portion of class

Green team – 6:30 – 7:30pm Ballet

7:30 – 8:00pm Pre-Pointe

Orange/Yellow – 8:00 – 9:00pm Ballet

9:00 – 9:30pm Pointe

Monday's July 11th thru August 29th

Ballet Class only \$75.00 for 8 weeks

Ballet Class with Pointe \$95.00 for 8 weeks

Single Class option \$10.00 per class/ \$15.00 w/ Pointe

5% discount if taking another summer class

Contemporary, Jazz, Lyrical

Come take some exciting classes....each week students will be introduced to a new style of dance.

Contemporary dance describes a range of styles and techniques. Jazz dancing is energetic and fun, consisting of unique moves, fancy footwork, big leaps and quick turns. Lyrical dance is a fusion of ballet with jazz and contemporary dance techniques.

Wednesday's July 27th, Aug. 3rd & 10th

Teen/Team/Adult

6:45 – 8:00pm

Cost \$30.00

Yoga

Yoga can help dancers increase their flexibility, strength and stamina. It also teaches teens various ways to relax there bodies and minds in all sorts of stressful situations. During our yoga classes we will explore various yoga poses and we string them together into a Vinyasa flow Visualizations and quiet time.

Students will leave feeling relaxed, centered and peaceful. Adults are welcome!

Wednesdays July 27th, Aug. 3rd & 10th

Teen/Team/Adult

8:00 – 9:00pm

Cost \$30.00

5% discount on Yoga if taking another summer class

Please fill out the registration information below

Students Name _____ Grade in Sept. _____ Age _____ Date of birth _____

Parents Name _____ Phone # _____

Email address _____

Class/Classes/Camp you would like to take _____ Payment enclosed \$ _____

*****You can also Register online for any classes at: dancetrackstudio@aol.com*****

Dance Track 1321 Main Street, Wakefield Ma. 01880 (781) 662-0099 Dancetrackstudio.com